

Colorado State University

RAMS VOLLEYBALL



2012 Elite Skills Camp

July 6-9 • Fort Collins, Colo. • Moby Arena

Camp Details

Camp features include: an expert staff of coaches, individual skills training, team-oriented drill training, skills and techniques used and taught by the Colorado State volleyball team, questions and answers with successful college players, camp T-shirt and a camp store with volleyball products. Campers will be divided into training groups according to skill level and taught at a pace that is most beneficial for the athlete. The Elite Skills Camp will be limited to 165 athletes, grades 9-12.

Colorado State is one of the nation's top volleyball programs. The Rams have appeared in **17 consecutive NCAA** tournaments and have **won at least 20 matches** each of those years. CSU has produced **10 All-Americans** and has captured **14 Mountain West conference championships** since 1999.

Camp Staff

TOM HILBERT

Colorado State Head Coach



Tom Hilbert completed his 15th year at CSU in 2011, where he has led the Rams to 15 consecutive NCAA tournaments and has received eight Mountain

West Coach of the Year honors. Hilbert has been a Division I head coach for 23 seasons and has been named an AVCA Regional Coach of the Year three times, including in 2011. Hilbert is CSU's winningest coach (358 wins) and ranks 10th among active Division-I coaches with 556 career wins. He has 28 years of clinical experience throughout the nation.

JESSE MAHONEY

Colorado State Associate Head Coach



Jesse Mahoney will begin his eighth season with the Rams in 2012, and his fourth as associate head coach. Under Mahoney's leadership, the Rams have become one of the

top blocking teams in the country. CSU has ranked in the top 10 in blocking five times under Mahoney, including third in 2011, where middle blocker Megan Plourde led the nation and was named an All-American. Mahoney is also the Rams' recruiting coordinator. He was the head coach at Fort Hays State for six seasons from 1999-2004.

BRI FRECH

Colorado State Assistant Coach



Bri Frech enters her sixth season as a part of the CSU coaching staff. Frech has been the camp director since 2008 and handles most of CSU's scouting

and match preparations, in addition to on-court coaching of serving, passing and defense. Frech was a six-rotation starter for the Rams from 2003-04 and earned all-conference and all-tournament honors, while leading the Rams to two NCAA tournament bids. She played professionally in France in 2006.

OTHER CLINICIANS

Current and former Colorado State women's volleyball players, along with experienced coaches from all over the country, will complete the camp staff. All camp coaches will have high skill levels and/or extensive coaching experience. Coaches are charged to create a fun, positive and challenging atmosphere.

To register and for more information on CSU summer volleyball camps, please visit: WWW.CSUVOLLEYBALLCAMPS.COM



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Camp Itinerary

Fri., July 6

2 p.m. Camp Check-In
 3 p.m. Camp Meeting and Testing in Moby
 5:30 p.m. Dinner
 6 p.m. Skill Session
 8 p.m. Camp Ends

Sat., July 7

9 a.m. Camp Begins - Session #1
 11 a.m. - 1 p.m. Lunch
 1-3 p.m. Session #2
 3-4 p.m. Swimming at Rec Center
 4:45 p.m. Dinner
 6-8 p.m. Session #3
 8 p.m. Camp Ends

Sun., July 8

9 a.m. Camp Begins - Session #1
 11 a.m. - 1 p.m. Lunch
 1-3 p.m. Session #2
 3-4 p.m. Q&A with Players
 4:45 p.m. Dinner
 6-8 p.m. Session #3
 8 p.m. Camp Ends

Mon., July 9

8 a.m. Camp Begins - Session #1
 11 a.m. - noon Lunch
 12-2:30 p.m. Camp Tournament - Moby
 2:30 p.m. Camp Ends

Registration Information

Name:

Address:

City/State/Zip:

Home Phone #

Parent Cell #

Player Cell #

Parent Email:

High School/Graduation Year:

Camp Contact: Dolores Price
 (970) 491-6582 or dolores.price@colostate.edu

Make Checks Payable to:
 Colorado State University Volleyball
 The McGraw Athletic Center
 Fort Collins, CO 80523-0120

Have you completed?
 Camp Registration Form? • Medical Waiver Form - signed by parent?
 Non-refundable (after June 8) deposit of \$50 to CSU Volleyball?

NOTE: There will be an administrative fee of \$25 charged for all cancellations.
 Refunds on cancellations are subject to filling that spot with another participant.
 No-shows are non-refundable.

Camper Cost/Options

Resident Campers (\$395): Residents will be housed in a campus residence hall and food will be provided at the adjacent dining center. All meals are included in this cost, beginning with dinner on July 6 and ending with lunch on July 9.

Commuter (\$270): Housing and meals are not included in this cost. Campers are welcome to bring a sack lunch and/or purchase meals at the dining hall with cash. Commuters can also purchase a package that includes lunches and dinners. A limited number of these packages will be available for \$63 at check-in.

Type of Camper (check one)

Commuter (\$270) _____

Resident (\$395) _____